



## Group Date Night

### Essential Skill Improvement: Getting to Know You

**Topic:** Personality Test

**Event Details:**

Date: \_\_\_\_\_

Location: \_\_\_\_\_

(See [Event Planning Sheet](#) to help walk through the details of planning an event)

**Supplies Needed:**

- Agree/Disagree Cards
- [Personality Test](#) (one included in the Date Night Folder)

**Icebreaker:** [Three options included in the Date Night Tool Kit](#)

**Activity: Agree or Disagree**

Give everyone (or a few couples) a set of agree or disagree signs. Decide how you want them to stand or sit (face to face, back to back). Say each statement out loud and allow them to respond. They can respond as they would, or how they think their partner would respond. If you would like, they can keep track of their responses and at the end, award prizes for the couple who agreed the most - or disagreed!

1. You should fold your underwear before putting it in your drawer.
2. Sweet treats are better than salty treats.
3. Men actually gossip more than women.
4. There is one right way to load a dishwasher.
5. Tap water is just as good as bottled water.
6. If you are not 10 minutes early, you are late.

**Discussion to Follow Up to the Activity and Transition to the Test:**

1. Even If you have been married for an hour, you know that you and your spouse do not see everyone issue the same. Sometimes, it just really doesn't matter, other times, it matters a lot.
2. One of the best things you can do to better understand your partner and their perspective is to understand them - so that is what we are going to do! We are going to take a personality test and see if we learn something new about our significant other tonight. The personality test is included in the Date Night folder, with instructions on how to score the test.

**To wrap up the evening, consider these talking points:**

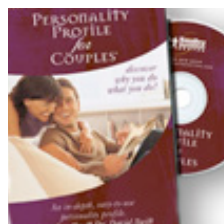
1. If you enjoyed learning something new, try another one at home! There are many to choose from online.
2. The journey comes through learning and then responding. Enjoy learning, growing, responding - together!
3. Be mindful of couples that really enjoyed the evening. Maybe they can help plan the next one!

## INSTRUCTIONS

In the space provided, identify the degree in which the following characteristics or behaviors most accurately describes you at home or in the relationships with your loved ones.

**0 = not at all 1 = somewhat 2 = mostly; 3 = very much**

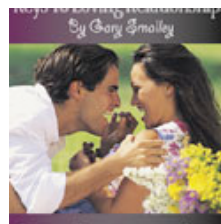
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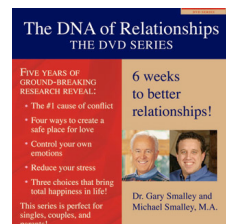
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# The Free Personality Test

Column 1	Column 2	Column 3	Column 4
<input type="checkbox"/> Likes control	<input type="checkbox"/> Enthusiastic	<input type="checkbox"/> Sensitive	<input type="checkbox"/> Consistent
<input type="checkbox"/> Confident	<input type="checkbox"/> Visionary	<input type="checkbox"/> Calm	<input type="checkbox"/> Reserved
<input type="checkbox"/> Firm	<input type="checkbox"/> Energetic	<input type="checkbox"/> Non-demanding	<input type="checkbox"/> Practical
<input type="checkbox"/> Likes challenge	<input type="checkbox"/> Promoter	<input type="checkbox"/> Enjoys routine	<input type="checkbox"/> Factual
<input type="checkbox"/> Problem solver	<input type="checkbox"/> Mixes easily	<input type="checkbox"/> Relational	<input type="checkbox"/> Perfectionistic
<input type="checkbox"/> Bold	<input type="checkbox"/> Fun-loving	<input type="checkbox"/> Adaptable	<input type="checkbox"/> Detailed
<input type="checkbox"/> Goal driven	<input type="checkbox"/> Spontaneous	<input type="checkbox"/> Thoughtful	<input type="checkbox"/> Inquisitive
<input type="checkbox"/> Strong willed	<input type="checkbox"/> Likes new ideas	<input type="checkbox"/> Patient	<input type="checkbox"/> Persistent
<input type="checkbox"/> Self-reliant	<input type="checkbox"/> Optimistic	<input type="checkbox"/> Good listener	<input type="checkbox"/> Sensitive
<input type="checkbox"/> Persistent	<input type="checkbox"/> Takes risks	<input type="checkbox"/> Loyal	<input type="checkbox"/> Accurate
<input type="checkbox"/> Takes charge	<input type="checkbox"/> Motivator	<input type="checkbox"/> Even-keeled	<input type="checkbox"/> Controlled
<input type="checkbox"/> Determined	<input type="checkbox"/> Very verbal	<input type="checkbox"/> Gives in	<input type="checkbox"/> Predictable
<input type="checkbox"/> Enterprising	<input type="checkbox"/> Friendly	<input type="checkbox"/> Indecisive	<input type="checkbox"/> Orderly
<input type="checkbox"/> Competitive	<input type="checkbox"/> Popular	<input type="checkbox"/> Dislikes change	<input type="checkbox"/> Conscientious
<input type="checkbox"/> Productive	<input type="checkbox"/> Enjoys variety	<input type="checkbox"/> Dry humor	<input type="checkbox"/> Discerning
<input type="checkbox"/> Purposeful	<input type="checkbox"/> Group oriented	<input type="checkbox"/> Sympathetic	<input type="checkbox"/> Analytical
<input type="checkbox"/> Adventurous	<input type="checkbox"/> Initiator	<input type="checkbox"/> Nurturing	<input type="checkbox"/> Precise
<input type="checkbox"/> Independent	<input type="checkbox"/> Inspirational	<input type="checkbox"/> Tolerant	<input type="checkbox"/> Scheduled
<input type="checkbox"/> Action oriented	<input type="checkbox"/> Likes change	<input type="checkbox"/> Peace maker	<input type="checkbox"/> Deliberate
<input type="checkbox"/> TOTAL SCORE	<input type="checkbox"/> TOTAL SCORE	<input type="checkbox"/> TOTAL SCORE	<input type="checkbox"/> TOTAL SCORE

**On the next page, record the totals on the appropriate graph space.**

INSTRUCTIONS

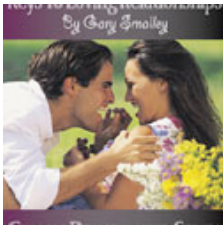
Simply plot your scores on the graph below and then connect the dots from one column to the next. Your strengths are the columns in which you scored the highest points.

For more information and help visit [www.smalley.cc](http://www.smalley.cc).



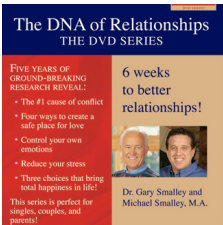
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Score	The Lion	The Otter	The Golden Retriever	The Beaver
60				
58				
56				
54				
52				
50				
48				
46				
44				
42				
40				
38				
36				
34				
32				
30				
28				
26				
24				
22				
20				
18				
16				
14				
12				
10				
8				
6				
4				
2				
0				

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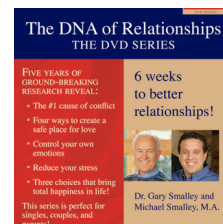
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# Personality Interpretations

	The Lion	The Otter	The Golden Retriever	The Beaver
<b>Relational Strengths:</b>	Takes charge. Problem solver. Competitive. Enjoys change. Confrontational.	Optimistic. Energetic. Motivators. Future oriented.	Warm & Relational. Loyal. Enjoys Routine. Peace-Maker. Sensitive Feelings.	Accurate and precise. Quality control. Discerning. Analytical.
<b>Strengths Out of Balance:</b>	Too direct or impatient. Too busy. Cold blooded. Impulsive or takes big risks. Insensitive to others.	Unrealistic or day-dreamer. Impatient or over bearing. Manipulator or pushy. Avoids details or lacks follow-through.	Attract the hurting. Missed opportunities. Stays in a rut. Sacrifice own feelings for harmony. Easily hurt or holds a grudge.	Too critical or too strict. Too controlling. Too negative of new opportunities. Lose overview.
<b>Communication Style:</b>	Direct or blunt. One-way. Weakness: Not as good a listener.	Can inspire others. Optimistic or enthusiastic. One-way. Weakness: High energy can manipulate others.	Indirect. Two-way. Great listener. Weakness: Uses too many words or provides too many details.	Factual. Two-way. Great listener (tasks). Weakness: Desire for detail and precision can frustrate others.
<b>Relational Needs:</b>	Personal attention & recognition for what they do. Areas where he or she can be in charge. Opportunity to solve problems. Freedom to change. Challenging activities.	Approval. Opportunity to verbalize. Visibility. Social recognition.	Emotional security. Agreeable Environment.	Quality. Exact expectations.
<b>Relational Balance:</b>	Add softness. Become a great listener.	Be attentive to mate's needs. There is such a thing as too much optimism.	Learn to say "NO" ... establish emotional boundaries. Learn to confront when own feelings are hurt.	Total support is not always possible. Thorough explanation isn't everything

**AGREE**

**DISAGREE**